

# MARY T. SISE, LCSW, D.CEP

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## **EDUCATION:**

B. A. Degree in Sociology May 1974  
Siena College, Loudonville, New York

Masters Degree in Social Work May 1988  
State University of New York at Albany

## **POST- GRADUATE TRAINING:**

Diplomate – Comprehensive Energy Psychology (D.CEP)  
Master Teacher for Her Holiness Sai Maa Lakshmi Devi  
Trained in Qigong by Grandmaster Professor Xi-Hau Xu and Master Nan Lu  
Certified Hypnotherapist through the American Board of Hypnotherapy  
Trained in EMDR – Level 2  
Trained in Reiki – Master Level  
Trained in Thought Field Therapy – Diagnostic Level by Dr. Roger Callahan  
Trained in Tapas Acupressure Techniques – by Tapas Fleming L.Ac  
Trained in Seemorg Matrix Work – by Asha Clinton, PhD, MSW

## **PUBLICATIONS:**

Author with Sheila Sidney Bender, PhD, (2007) *The Energy of Belief: Psychology's Power Tools to Focus Intention and Release Blocking Beliefs*, CA: Elite Books.

## **MEMBERSHIPS AND ASSOCIATIONS:**

Association for Comprehensive Energy Psychology –Past President - Board of Directors.  
International Association for the Study of Subtle Energies and Energy Medicine  
National Association of Social Workers  
Eye Movement Desensitization and Reprocessing International Association

## **RECENT EMPLOYMENT:**

1/24/04 -present

### **Center for Integrative Psychotherapy, Inc. Director**

In 2004, I incorporated this Center with a mission to provide training in the form of workshops, videotapes, and conferences on topics related to healing the mind, body and spirit. Each year I collaborate with Siena College to bring an internationally known speaker to the Albany area. In addition, I have brought several other speakers for evening events geared toward educating professionals and the general public.

Since 1998, I have trained hundreds of clinicians to use Energy Psychology methods, and I facilitate a monthly consultation group, helping them to incorporate these methods into their clinical practice. To further advance this field, I developed one-day training on using Energy Therapies for Multiply Traumatized Patients, and subsequently an 8 week on-line course on this topic. I have also presented at conferences both nationally and internationally on using Energy Therapies for trauma. I have produced two training videos for clinicians: *Using TFT with a World Trade Center Survivor*, and *Transforming Trauma with TFT*, plus a video for the general public: *Thought Field Therapy for Stress Management and Peak Performance*. I have also co-authored with Sheila Sidney Bender the book: *The Energy of Belief: Psychology's Power Tools to Focus Intention and Release Blocking Beliefs*.

**1/1/00 – present**

**Private Practice, Latham, NY**

Clinical Social Worker. I usually see over 25 patients a week with a variety of clinical issues, specializing in the field of trauma and traumatic stress. I also supervise Social Workers, especially regarding their trauma patients.

**9/01 – present**

**Adjunct Professor, Siena College**

Adjunct professor for the Department of Social Work at Siena College, Loudonville, NY. For several years I have taught a class in Interpersonal Communications for the Social Work Department, and have also supervised field placement students as needed. Due to other commitments and time constraints I am on leave from this position.

**11/91- 8/00**

**Community Health Plan/Kaiser Permanente/  
Community Care Physicians, Latham, NY**

Clinical Social Worker. Duties included individual and group therapy for a large number of patients served by a Health Maintenance Organization. My clinical caseload was usually 30 individual patients per week and two therapy groups. In addition, I specialized in the treatment of PTSD and Dissociative Disorders, facilitating a therapy group for patients diagnosed with Borderline Personality Disorder.

**RECENT CONFERENCES AND PRESENTATIONS:**

- 5/16/08 Breakout Presenter. *The Energy of Belief: Identifying & Releasing the Blocking Beliefs of the Practitioner*. 10<sup>th</sup> Annual International Energy Psychology Conference, Albuquerque, NM.
- 6/27/08 Breakout Presenter. *Acupressure for Emotional Regulation: Integrating Energy Psychology into the Treatment of Trauma*. 19<sup>th</sup> Annual International Trauma Conference. Boston, MA.
- 3/08 Course Instructor. National Institute for the Clinical Application of Behavioral Medicine (NICABM). Eight week on-line course. *Integrating Energy Psychology into the Treatment of Trauma*
- 2/07/08 Monthly Lecture Series. Trauma Center at Justice Resource Institute. *Touch & Breathe: A Mindful Energy Psychology Approach*. Brookline, Mass.

- 1/08/08 Staff Training Day: Cornell University, Crisis Management/Student Support Team. *Touch & Breathe: A Mindful Energy Psychology Method.*
- 12/05/07 Breakout Presenter. *The Energy of Change: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs.* 19<sup>th</sup> Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.
- 10/22/07 Breakout Presenter. *Shamans in the 21<sup>st</sup> Century: Integrating Energy Psychology into the Reclaiming of the Soul.* Toronto Energy Psychology Conference. Toronto, Canada.
- 10/18/07 Breakout Presenter. *When Talking & Trying Aren't Enough: Energy Psychology for Self-Defeating Thoughts & Behaviors.* TCM World Foundation Building Bridges of Integration for Traditional Chinese Medicine Conference. Chantilly, VA.
- 4/20/07 Breakout Presenter. *Shamans in the 21<sup>st</sup> Century: Integrating Energy Psychology into the Reclaiming of the Soul.* Ninth Annual International Energy Psychology Conference, Chantilly, VA.
- 3/2007 Course Instructor. National Institute for the Clinical Application of Behavioral Medicine (NICABM). Eight week on-line course. *Integrating Energy Psychology into the Treatment of Trauma*
- 12/13/06 Keynote Presenter, Grand Rounds, Dissociation *Demystified*, Albany Medical College, Albany, NY
- 12/08/06 Breakout Presenter. *Where was God?* National Institute for the Clinical Application of Behavioral Medicine (NICABM) Annual Conference. Hilton Head, SC.
- 10/27/06 Keynote Presenter, Northeast Parent & Child Clinical Day: *Trauma Treatment in the 21<sup>st</sup> Century*, Schenectady, NY.
- 10/06/06 Breakout Presenter, *Transforming Trauma with Thought Field Therapy*, Empire State College & Parsons Child and Family Center 40<sup>th</sup> Annual Fall Institute, Albany, New York
- 5/08/06 Course Instructor. National Institute for the Clinical Application of Behavioral Medicine (NICABM). Eight week on-line course. *Integrating Energy Psychology into the Treatment of Trauma.*
- 5/06/06 Breakout Presenter. *If I Create My Own Reality, Why Is My Life Such a Mess???*, Eighth Annual International Energy Psychology Conference, Santa Clara, CA.
- 5/03/06 Pre Conference Full Day Workshop *Integrating Energy Psychology into the Treatment of Trauma.* Eighth Annual International Energy Psychology Conference, Santa Clara, CA.
- 12/04/05 Breakout Presenter. *Where was God?* National Institute for the Clinical Application of Behavioral Medicine (NICABM) Annual Conference. Hilton Head, SC.
- 11/11/05 Breakout Presenter, *If I Create My Own Reality, Why is My Life Such a Mess??*. Toronto Energy Psychology Conference, Toronto, Canada.
- 10/23/05 Post Conference Full Day Workshop, *Integrating TAT into the Treatment of Multiply Traumatized Patients.* TAT Annual Symposium, Redondo Beach, California.
- 5/15/05 Breakout Presenter, *Where the Bleep was God? Reconnecting with God after Trauma*, Center for Spirituality and Psychotherapy 5<sup>th</sup> Annual Conference, NYC, NY.

- 4/29/05 Breakout Presenter, *Where the Bleep was God? Reconnecting with God after Trauma*, Seventh Annual International Energy Psychology Conference, Baltimore, MD.
- 2/21/05 National Institute for the Clinical Application of Behavioral Medicine (Nicabm). Eight week on-line course. *Integrating Energy Psychology into the Treatment of Trauma*.
- 11/11/04 Breakout Presenter, *Where the Bleep was God? Reconnecting with God after Trauma*. Toronto Energy Psychology Conference, Toronto, Canada.
- 10/08/04 Breakout Presenter, *Using Thought Field Therapy for Trauma*. Empire State College & Parsons Child and Family Center 38<sup>th</sup> Annual Fall Institute, Albany, NY.
- 10/02/04 Breakout Presenter, *What do I do now? Strategies for dealing with Complex Cases*. Association for Thought Field Therapy Annual Conference, San Diego, CA.
- 6/18/04 Guest Speaker with Bessel vanderKolk, MD, presenting videotape on using Thought Field Therapy with a robbery victim. Siena College, Loudonville, NY.
- 5/07/04 Breakout Presenter with Bessel vanderKolk, MD. *The Brain Meets Energy Psychology*. Sixth Annual Energy Psychology Conference, Phoenix, AZ.
- 4/17/04 Keynote Presenter, *Communication*. Northeast NY EAP Professional Development Day, Schenectady, NY.
- 10/31/03 Breakout Presenter, *What do I do now? Strategies for dealing with Complex Cases*. Toronto Energy Psychology Conference, Toronto, Can.
- 10/10/03 Breakout Presenter, *Using Thought Field Therapy for Trauma*. Empire State College & Parsons Child and Family Center 37<sup>th</sup> Annual Fall Institute, Albany, NY.
- 5/09/03 Breakout Presenter, *What do I do now? Strategies for dealing with Complex Cases*. Fifth Annual International Conference, Association for Comprehensive Energy Psychology, Phoenix, AZ.
- 11/8/02 Breakout Presenter, *Timing is Everything....Strategies for using TFT with Multiply Traumatized Patients*. Toronto Energy Psychology Conference, Toronto, Canada.
- 10/26/02 Breakout Presenter, *Timing is Everything....Strategies for using TFT with Multiply Traumatized Patients*. Association for Thought Field Therapy Annual Conference, San Diego, CA.
- 9/20/02 Breakout Presenter, *Acupressure for Affect Regulation*. Empire State College & Parsons Child and Family Center 36<sup>th</sup> Annual Fall Institute, Albany, NY.
- 5/09/02 Breakout Presenter, *Transforming the Terror of Trauma*. Fourth Annual International Conference, Association for Comprehensive Energy Psychology, Phoenix, AZ.
- 4/23/02 Main Speaker, *Alternative Therapies for the Mind*. Second Annual Complementary Therapy Conference, Healing and Wholeness in the 21<sup>st</sup> Century, Albany, NY.
- 4/20/02 Guest Speaker with Bessel van der Kolk, MD demonstrating Thought Field Therapy with a WTC Survivor, 29<sup>th</sup> Annual Van Benthuyzen Memorial Seminar, Albany, NY

- 11/07/01 Breakout Presenter, *Why Can't I Remember What Happened?...the Neurobiology of Trauma and Implications for Treatment*. Toronto Energy Psychology Conference, Toronto, Canada.
- 10/12/01 Breakout Presenter, *Anger, Affirmations and Acupressure*. Empire State College & Parsons Child and Family Center 35<sup>nd</sup> Annual Fall Institute, Albany, NY.
- 7/8/01 Breakout Presenter, *Timing is Everything...Strategies for Safe Trauma Treatment*. European Energy Psychology Conference, Lake Lucerne, Switzerland.
- 5/12/01 Breakout Presenter, *Why Can't I Remember What Happened?...the Neurobiology of Trauma and Implications for Treatment*. Third Annual Energy Psychology Conference, Association for Comprehensive Energy Psychology, San Diego, CA.
- 4/20/01 Keynote Presenter, *Alternative Therapies for the Mind*. Northeast NY EAP Professional Development Day, Schenectady, NY.
- 11/10/00 Breakout Presenter, *Timing is Everything...Strategies for Safe Trauma Treatment*. Toronto Energy Psychology Conference, Toronto, Canada.
- 5/11/00 Breakout Presenter, *Transforming Trauma, the fine print*. Second Annual Energy Psychology Conference, Association for Comprehensive Energy Psychology, Las Vegas, NV.
- 10/15/99 Breakout Presenter, *Processing Trauma Using the Energy System*. Empire State College & Parsons Child and Family Center 33<sup>rd</sup> Annual Fall Institute, Albany, NY.
- 5/21/99 Keynote Presenter, *Introduction to Thought Field Therapy*. Northeast NY EAP Professional Luncheon, Schenectady, NY.
- 1/08/99 Keynote Speaker, *Gentle Techniques for Transforming Trauma*. Capital District Sexual Assault Survivors Task Force Conference, Albany, NY.
- 11/09/98 Breakout Presenter, *Introduction to Thought Field Therapy*. Empire State College & Parsons Child and Family Center 32<sup>nd</sup> Annual Fall Institute, Albany, NY.

**PERSONAL:**

Born March 7, 1952  
 Married to John R. Sise, June 1976  
 Three Children: Kathleen, Meghan and Jack

**REFERENCES:**

Furnished upon request